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- (1) promote Filipino heritage and cuisine,
 - (2) support Filipino owned businesses, and
 - (3) provide a networking opportunity for FWN members and guests.

PROGRAM

Sunday, March 29, 2009
Red Lantern Restaurant

5:00 PM	No-Host Cocktails & Bayanihan Networking
6:00 PM	Adobo Dinner
7:00 PM	Group Discussions
8:00 PM	Report Backs Closing Comments



FILIPINA SALO SALO COMMITTEE
 Jennifer Ong, *Chair*

Al Perez, Franklin M. Ricarte, Genevieve Dwyer, Genevieve Herreria, Jo-Ann Agcaoili, Marily Mondejar, Pearl Serame Bayot, Rae Almajose, Sonia Delen and Valerie De Leon

To join the sisterhood, go to:
www.FilipinaWomensNetwork.org

"Filipinas in Motion"

Celebrating Women's History Month
 in March at FWN's Filipina Salo Salo



BACKGROUND: The name "Filipinas in Motion" was selected to describe the many roles of Filipina women. The name envisions the Filipina woman as constantly growing, transforming, innovating, and changing herself as she secures her place in the world. Filipinas in Motion showcases Filipina women in a wide range of professional roles and actively involved in corporate, government, and nonprofit organizations. It is about celebrating Filipina women, sharing stories and strategies, and passing on their wisdom to those who may need the inspiration. Filipinas in Motion is about "what it means to be a Filipina woman today."

ABOUT FILIPINAS IN MOTION: These are small discussion groups of Filipina women in similar fields and professional areas of expertise. Each group has a Discussion Leader who will facilitate the flow of ideas and ensure participant sharing and empowerment. Topics will cover career strategies, real-life stories (triumphs, struggles, accomplishments), an insider's perspective on how Filipinas navigate their unique workplaces, and best practices on how to "arrive, survive, and thrive" in the world of work. These small group discussions will provide an environment to restart thought processes and expand thinking.

WHY PARTICIPATE: Whether you're an entrepreneur, student, career changer, homemaker, new or re-entering the workplace, up-and-coming supervisor, seasoned manager, or top executive, Filipinas in Motion has a place for you. FWN provides tools to improve life skills, career competencies, and capacities for leadership effectiveness – thinking strategically, acting decisively, and influencing others. Focusing on real life, business, and career advancement experiences from practitioners, corporate managers, and community leaders along with peer-to-peer networking are the distinguishing features of FWN meetings.

DISCUSSION LEADERS:



FILIPINAS IN ARTS

JUDY ROMANENKOV | ARTIST, JBMR PAINTINGS Judy's paintings capture the fleeting and the lasting beauty of nature and people. It is this heightened awareness and sensitivity to the constantly changing landscape of light, color, form, feelings, moods and emotions that infuse her paintings with life, hope, vibrancy and serenity. She raised her seven siblings, earned degrees in accounting and an M.A. in economics, took classes in fine arts and impressionist painting;

taught accounting and economics; helped various non-profit organizations in such capacity as accounting manager, Director of Finance, Director of Finance & Administration; engaged in the real estate business; travels worldwide; occasionally triumphs in scrabble tournaments and is always energized by line dancing.



FILIPINAS IN COMMUNICATIONS

LESLIE GUEVARRA | ASSOCIATE EDITOR, GREENER WORLD MEDIA, INC. Leslie is a media, news and communications professional with demonstrated success in print, television and the Web. She is skilled in building trust to foster collaboration among cross-functional groups, motivating teams to thrive in fast-paced, deadline-driven environments, negotiating solutions among stakeholders with differing challenges and needs, and developing highly effective operating systems. Leslie Guevarra's specialties include:

Print, online and on-air experience in a major media market; management experience from line to department head level and directorship; internal and external communications; talent acquisition; professional and succession development; training, coaching and performance management; public speaking; voiceover talent; and project management.



FILIPINAS IN EDUCATION & FINANCE

THELMA BOAC | PRINCIPAL, SILVER CREEK HIGH SCHOOL Thelma has been an active member of the educational field for 33 years: principal, teacher, vice-principal, department chair for the English Language Development. She has been an integral part of the Filipino community, the San Jose City community,

and the California community. She has held various positions within community organizations: fund raising, scholarships, church, and education. One of FWN's 100 Most Influential Filipina Women.



CHELO PALLAS | SEC & GAAP COMPLIANCE MANAGER, URS CORPORATION

Chelo is the SEC & GAAP Compliance Manager for URS Corporation, a \$10 billion professional service and construction company offering architectural design, engineering, environmental, power, defense, infrastructure and industrial process services. She is a CPA with extensive Big Four public accounting experience. She co-owned a photo imaging

business in Chicago, Milwaukee and Denver prior to URS. She received her B.S. Accounting from Loyola Marymount University and her master's in international business from St. Mary's College.



FILIPINA ENTREPRENEURS

LENNIE BUENAFLOR DICARLO | FOUNDER / CEO, XROADS PHILIPPINE SEA SALTS Lennie holds a B.A. in Economics from San Diego State University and is classically trained in culinary arts from Le Cordon Bleu's California Culinary Academy. She recently founded xroads Philippine Sea Salts, a company committed to bringing quality, eco-friendly, hand-harvested natural

sea salts from the Philippines to culinary enthusiasts and professional kitchens everywhere. With more than 15 years of financial industry experience and having obtained formal culinary training, Lennie is committed to exploring and promoting her cultural heritage and foods of the Philippines.



FILIPINAS IN GOVERNMENT

ANITA SANCHEZ | EXECUTIVE DIRECTOR, CIVIL SERVICE COMMISSION, CITY & COUNTY OF S.F. Anita was appointed Executive Officer of the San Francisco Civil Service Commission in 2007. Following an extensive search process, Ms. Sanchez was selected for her background and knowledge of city government, personnel policy and civil service systems. Sanchez

served as Assistant Executive Officer of the Commission in the last 11 years, working closely with City departments, employee organizations, employees and the public in providing information and consultation on the civil service merit system. Her more than 30 years of public service experience include management and policy analysis assignments in the administrations of Assemblyman Art Agnos, Mayor Dianne Feinstein, Mayor Art Agnos, and Assemblywoman Barbara Lee.



FILIPINAS IN HEALTHCARE

DR. MAYETTE ALMAZAN | PSYCHIATRIST, THE SPECIALTY CENTER, INC. Dr. Almazan is an avid follower of famous neuroscientists, authorities known worldwide who have dedicated their careers in academic psychiatry and research. She is an excellent clinician who carried a reputation of being viewed as a bipolar expert by most of the insurance payers for

which she have been a provider in this field of specialty for many years for northern California. Dr. Almazan has over 20 years of outpatient and 15 years of inpatient psychiatry practice in private, public, state hospital sectors. Currently, Dr. Almazan maintains a fulltime private outpatient eclectic psychiatry practice where she is the President, CEO of Specialty Center Inc. in Fair Oaks, California.



FILIPINAS IN HUMAN RESOURCES, ORGANIZATION DEVELOPMENT & TRAINING

VASHTI SINIGAYAN | RECRUITER / HR PROFESSIONAL, AEROTEK Vashti is a Candidate for Master in Public Administration with an emphasis in Human Resource Management from Notre Dame de Namur University. Vashti received her

Bachelor of Science degree in Health Science with an emphasis in Health Care Administration with a Minor in Public Administration & Public Policy from SJSU. Vashti excels in human resources management, with first hand knowledge of employee/labor relations, training, development, staffing and recruitment, in public, non-profit, and private sectors. Despite her busy schedule, Vashti maintains active membership in Northern California HR Association, Society for Human Resource Management, SJSU Alumni Association, NDNU Alumni Association, Alpha Phi Omega, Sigma Beta Delta, Future Women Leaders and Filipina Women's Network.



FILIPINAS IN LAW

CHARINA PALOMARES GARCIA, ESQ. | CORNERSTONE LAW GROUP Charina represents and counsels companies and individuals on both employment and family-based immigration matters. Ms. Garcia develops practical and business solutions for a variety of employment immigration situations, and has advised companies with regard to non-immigrant visa. For individuals, Ms. Garcia advises on non-immigrant visa applications and on family based immigration applications including adjustment of status, consular processing, relative visa petition, fiancé petition, K-3 visa, waiver application and naturalization. Ms. Garcia earned a J.D. from the University of Washington in Seattle, Washington.

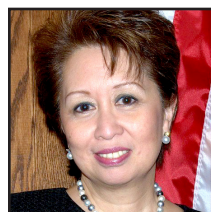


FILIPINAS IN NONPROFITS, FAITH & COMMUNITY ORGANIZATIONS

MITOS SANTISTEBAN | PRESIDENT, ABS CBN FOUNDATION

Mitos has worked in both Philippine- and U.S.-based companies for over 30 years, with expertise in exporting, importing, marketing and advertising. She co-designed and has delivered the

Working with the Philippines corporate training program to over 800 employees of high technology firms, and provided insightful consultation to managers and executives involved in global operations. Her training program prepares employees for doing business with Filipino counterparts, customers or vendors. She is Senior Manager for Community Relations at ABS CBN International (The Filipino Channel). She currently serves President for the ABS-CBN Foundation USA, which supports the needs of children in the Philippines.



FILIPINAS IN POLITICS

JOANNE F. DEL ROSARIO | MAYOR OF COLMA, CALIFORNIA Mayor for the Town of Colma. She was first elected to office as a member of the Council in December 2006. Presently, she is also working for a biotech firm in Mission Bay, San Francisco. Her prior business experience has been as an Office Manager/ Executive Assistant, Legal Secretary, HR Administrator,

in some of the top law firms in the Bay Area, Xerox Corporation, and several investment and venture capital firms. Ms. del Rosario was a past President of the Filipino American Association of Colma, and presently serves as a member of the Seton Medical Center Community Advisory Council, Director for the Filipino American Coalition, and a member of the "Kumares & Kumares", which is the Filipino outreach for CORA (Community Overcoming Relationship Abuse).



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FILIPINA SALO SALO COMMITTEE

Jennifer Ong, Chair

Ray Alma Jose • Sonia Delen • Valerie De Leon •
 Genevieve Herreria • Marily Mondejar • Al Perez

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"Filipinas in Motion" Celebrating Women's History Month in March at FWN's Filipina Salo Salo

Filipinas in Motion Discussion Groups

Developing Personal Power and Influence, Empowering Each Other

FWN Mission: To advance Filipina Women in the U.S. Workplace.

The Discussion Groups (Kwentuhan) will expand on FWN's mission and its relevance in today's changing workplaces and lifestyles.

Goals of Discussion Groups:

The goal of the Filipinas in Motion Discussion Groups is to explore FWN's mission and its relevance in today's changing workplaces and lifestyles.

Each discussion group will attempt to answer the following questions:

- (1) What are the barriers and challenges you've faced (or are facing) in the workplace today?
- (2) How have you overcome these challenges? What are the successes?
- (3) What do we do next? What steps do we need to take to advance Filipina Women in the U.S. workplace?
- (4) How do we measure success? How do we know we've "arrived"?

Role of the Discussion Leader:

- » Ensure that all three Discussion Group Goals are achieved in one hour.
- » Select a recorder.
- » Ensure everyone has a chance to share and all ideas are heard.
- » Do not edit ideas. Suspend judgments. Expand ideas.
- » Report barriers/challenges and short/long-term goals to the large group.

